



SPRINGBORO SCHOOLS

1685 S. Main St. Springboro, OH 45066 | 937.748.3960 | www.springboro.org

Dear Parents/Guardians,

In continuing to keep you updated and aware of the illnesses that are being seen not only in our schools, but throughout the community and the state of Ohio, please review the information below:

Pertussis (Whooping Cough): We have seen a significant decrease in the number of positive cases in our district, but there are still positive cases being diagnosed and treated in our district according to the Warren County Health Department.

- Remember the presenting signs/symptoms mimic a Common Cold. Students are often NOT presenting with a “whooping cough” that is often affiliated with this disease. Students are typically without a fever and we are often told the cough is a dry, persistent cough that often initially mimics that of a seasonal allergy.

- What should I do if my child has a cough? Have your child seen by a medical provider.

- Does Pertussis survive on surfaces? No Pertussis does not survive on surfaces and therefore additional cleaning procedures are not effective in stopping the spread of the disease. Pertussis is spread through direct contact with droplets, “face-to-face” contact.

Influenza (Flu): According to the Warren County Health Department, Ohio Department of Health and the Center for Disease Control, the number of diagnosed Influenza cases (both Type A and B) are on the rise. The following link provides information about Influenza (<https://www.cdc.gov/flu/index.htm>).

- Signs/Symptoms for the Flu:

Fever* or feeling feverish/chills, Cough, Sore throat, Runny or stuffy nose, Muscle or body aches, Headaches, Fatigue (tiredness).

Some people may have vomiting and diarrhea, though this is more common in children than adults. *It’s important to note that not everyone with flu will have a fever.

- What should I do if my child is ill? If you get sick with flu symptoms, in most cases, you should stay home and avoid contact with other people except to get medical care.

How can I protect myself and my children from getting the Flu?

- Try to avoid close contact with sick people.

- While sick, limit contact with others as much as possible to keep from infecting them.

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- If you are sick with flu-like illness, CDC recommends that you stay home for at least 24 hours after your fever is gone except to get medical care or for other necessities. (Your fever should be gone for 24 hours without the use of a fever-reducing medicine.)

- Cover your nose and mouth with a tissue when you cough or sneeze. After using a tissue, throw it in the trash and wash your hands.

- Wash your hands often with soap and water. If soap and water are not available, use an alcohol-based hand rub.

- Avoid touching your eyes, nose and mouth. Germs spread this way.

- Clean and disinfect surfaces and objects that may be contaminated with germs like the flu.

General Information about Illness and attending school:

- As always, there are other illnesses and viruses other than Pertussis and Influenza noted in the community.

- Students should not attend school with a fever.

- Students should be fever free without the use of fever-reducing medication for 24 hours before returning to school.

We appreciate your help and continued support in keeping our students healthy and safe.

Have a great weekend,

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