Dear Parent or Guardian:

Your patient may have been exposed to pertussis.

For Exposed Patients without Symptoms:

As a precaution to help protect vulnerable individuals, we are recommending antibiotic prophylaxis for this patient if he or she shares a household with a woman who is pregnant or an infant less than 12 months old. Alternatively, we are referring this patient to you because he or she has an immunodeficiency or lives with a person with an immunodeficiency and may require antibiotic prophylaxis to help prevent pertussis.

For Exposed Patients with Symptoms:

As [insert public health entity] continues to work with the Centers for Disease Control and Prevention (CDC), we have developed the following guidelines for assessing and treating patients at this time:

For patients coughing <21 days:

- 1. Collect nasopharyngeal swabs or aspirate for pertussis PCR testing and/or culture.
- 2. Do not delay treatment with appropriate antibiotics while waiting for laboratory results if there is no alternative diagnosis.
- 3. Document and communicate all clinical decisions related to pertussis to the school (this includes children for whom you have ruled out pertussis).
- 4. Strongly consider antibiotic prophylaxis for all household members if a pregnant woman, an infant less than 12 months old, or anyone with a weakened immune system lives in the household.

For patients coughing ≥21 days:

- 1. Laboratory testing for pertussis is not necessary. CDC does not recommend laboratory testing after 3 weeks of cough since PCR and culture are only sensitive during the first 2 to 3 weeks of cough when bacterial DNA is still present in the nasopharynx.
- For most patients, antibiotic treatment is not required. Antibiotics are no longer necessary after 21 days of cough, with the following exception: you should treat infants and pregnant women in their third trimester up through 6 weeks after cough onset.
- 3. The patient is no longer infectious and can return to school.

For all households: Administer Tdap to contacts 11 years or older who have not been previously vaccinated with Tdap, DTaP to contacts 2 months through 6 years who are not up-to-date, or refer for vaccination with the Warren County Health Department at 513-695-2097.

You can find additional clinical and laboratory guidance on the CDC website: https://www.cdc.gov/pertussis/index.html

Should you have any questions or concerns, please call the District Nurse at 937-748-3960 (ext. 2615).

Sincerely,

Bronwyn Patterson RN, BSN Springboro Schools District Nurse/Springboro Intermediate Clinic Nurse 937-748-3960 (ext. 2615) 937-748-8498 (Fax)